

# Benefits Of CBD Products

(NAPS)—One of the best and most effective ways to benefit from nonpsychoactive, THC-free CBD is to use it on the largest organ of your body: your skin. CBD oil is the nonpsychotropic component of marijuana and hemp, well-known for relieving aches and pains when applied topically. Now, it's found in skin care products such as the luxury line from Mermaid Wizdom—and with good reasons.

Here are three:

**1. Acne:** CBD oil is an anti-inflammatory with the ability to help calm skin. Because acne is an inflammatory



**A skin cream made with CBD can help you look your best.**

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condition, research indicates CBD's soothing properties can help diminish breakouts and reduce redness. Recent studies show that CBD may also decrease excessive oil production.

**2. Aging and Wrinkles:** CBD oil's antioxidant properties can help lessen the visible signs of aging. It's rich in vitamins A, C and E. Vitamin A stimulates the cells responsible for producing tissue that keeps skin firm. Vitamin C stimulates collagen production. Vitamin E blocks free radicals from the body, to help slow down the aging process.

**3. Sensitive Skin:** CBD oil has been found to sooth sensitive skin and studies indicate that it helps inhibit triggers of disorders such as psoriasis and eczema.

For more information, visit [www.MermaidWizdom.com](http://www.MermaidWizdom.com).