

RADIO ROUNDUP

a collection of features, oddities,
and helpful tips



**NORTH AMERICAN
PRECIS SYNDICATE, INC.**

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83 WORDS, 30 SECONDS

DELIGHTFUL FOOD IDEAS

FOR DINNER TONIGHT, SET SAIL FOR SOMETHING DIFFERENT: THE BOUNTY OF DELICIOUS OPTIONS FROM UNDER THE SEA. WITH FAMILIES TODAY SEEKING HEALTHIER, MORE FLAVORFUL MEAL CHOICES, REGISTERED DIETICIAN ERIN PALINSKI-WADE SAYS MANY NEW ITEMS IN THE FROZEN SEAFOOD SECTION ARE CONVENIENT, AFFORDABLE, NUTRITIOUS AND TASTY, LIKE THE FULL LINE FROM MATLAW'S, CREATOR OF AMERICA'S MOST POPULAR SEAFOOD APPETIZER. FROM STUFFED CLAMS IN A NATURAL CLAMSHELL TO POPCORN SHRIMP AND BREADED COD, FIND RECIPES AND COUPONS AT MATLAW'S--DOT--COM--SLASH--SET-SAIL.