

87 WORDS, 30 SECONDS

## FOOD NEWS

You and your family can satisfy any breakfast, lunch or dinner craving for a value price at a major restaurant chain. Seven great dishes are now available seven days a week for just seven dollars each at I-HOP restaurants. The new Seven for Seven Dollars Menu features such tasty offerings as bacon-wrapped sirloin steak and eggs, chicken and waffles, hash brown-crusted chicken and a simple and fit veggie omelette that's under six-hundred calories. To find a nearby restaurant, visit i-hop--dot--com.