

# RADIO ROUNDUP

a collection of features, oddities,  
and helpful tips



**NORTH AMERICAN  
PRECIS SYNDICATE, INC.**

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84 WORDS, 30 SECONDS

## GAME ON, HEART DISEASE OFF

NOTHING GOES TOGETHER MORE THAN MEN AND SPORTS—AND AMONG CHEERS FOR TOUCHDOWNS AND TACKLES ARE REQUESTS TO PASS THE SNACKS. BUT HEART HEALTH DOESN'T HAVE TO BE COMPROMISED ALONG THE WAY. CANOLA-INFO CREATED A "HEART-HEALTHY DUDE FOOD RECIPE COLLECTION" WITH CANOLA OIL TO HELP GUYS GET THEIR GAME ON WITHOUT SACKING THEIR HEART. CANOLA OIL HAS THE LEAST SATURATED FAT AND MOST OMEGA-THREE FAT OF ALL COOKING OILS. FOR THE RECIPES, GO TO [CANOLA-INFO--DOT--ORG](http://CANOLA-INFO--DOT--ORG).

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EDITOR'S NOTE: THIS STORY IS IDEAL FOR RUNNING BEFORE SUPER BOWL SUNDAY ON FEB. 5 OR ANYTIME IN FEBRUARY, WHICH IS AMERICAN HEART MONTH.