

87 words, 30 seconds

## UNDERSTANDING ENDIVE

N-DIVE OR ON-DEEV? THERE IS A DIFFERENCE. CURLY N-DIVE IS SIMILAR TO ESCAROLE. TULIP-SHAPED ON-DEEV IS MORE LIKE RADICCHIO (RAD-DEEK-E-O). N-DIVE CAN BE GROWN IN MOST BACKYARDS. ON-DEEV COMES FROM ONLY ONE PLACE IN AMERICA: CALIFORNIA. DOCTOR OZ SAYS EATING ONE CUP--ONE HEAD--OF RAW ON-DEEV A WEEK CAN REDUCE THE RISK OF OVARIAN CANCER BY SEVENTY-FIVE PERCENT. TO LEARN MORE, VISIT E-N-D-I-V-E--DOT--COM OR, YOU MIGHT SAY, ON-DEEV--DOT--COM.