

RADIO ROUNDUP

a collection of features, oddities,
and helpful tips



**NORTH AMERICAN
PRECIS SYNDICATE, INC.**

415 Madison Avenue, 12th Fl.
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83 WORDS, 30 SECONDS

GO FISH WITH CANOLA OIL

THOSE INTERESTED IN EASY, TASTY SEAFOOD RECIPES NO LONGER HAVE TO GO FISHING. CARLA HALL, THIS YEAR'S ALL-STARS FAN FAVORITE ON THE T-V SHOW "TOP CHEF," HAS CREATED A NEW "GO FISH WITH CANOLA OIL" RECIPE COLLECTION. DISHES INCLUDE GRILLED SALMON OVER LENTIL SALAD WITH WALNUT VINAIGRETTE AND OTHERS CONTAINING HALIBUT, TUNA AND TROUT—ALL SUSTAINABLE CHOICES. THESE FISH AND VERSATILE CANOLA OIL ARE GOOD SOURCES OF HEART-HEALTHY OMEGA-THREE FATS. FOR HALL'S FISH RECIPES, VISIT CANOLA-INFO--DOT--ORG.