newsworthy trends

Tapping Into The Blend Trend

(NAPSA)—The next time you can't decide between new designer duds and your vintage favorites, consider this: Put them together and make your own stylish statement. Similarly, when you're seeking an individual wine that appeases your friends' picky palates, you can try a blend of their favorite varietals.

Today, it's all about achieving an ultimate mixture of style, taste and trends. Nobody knows how to merge these elements together better than sommelier. professional chef, author of "The Wine Club" and lifestyle expert Maureen Petrosky. With rapidly growing career and as a mother of twins, she knows the importance of balance and blending the best of the best every day. With some simple suggestions, Petrosky will have you well on your way to achieving that combination.

Multipurpose Magic

Purge your pocketbook of the superfluous and get a phone that does it all—something that has e-mail, GPS, a camera, music and a planner. Once you have all your technology in one place, available in options like the iPhone, you'll be able to sit back and listen to new tunes, while simultaneously e-viting your friends to a fun party.

Beauty and Beyond

Focus on vibrant colors and, more specifically, vivid eye-make-up hues, from bright, bold blues to softer pops of peach. Take cues from the runway and combine two eye shadow colors such as teal with brown and yellow with hot pink. The trick to layering these bright colors successfully is to blend well with a soft-haired brush.



You too can achieve a nice mix of style, taste and trends.

Dining With Small Plates

Try a contemporary twist on dinner with a menu that allows a taste of different foods and flavors. Prepare a variety of small plates with unique ingredients and styles and let your palate enjoy the experience. This tip works well for party planning and guests will love the option of trying several dishes versus just one.

Wine Blends

As people grow increasingly curious about the origins and stories behind wine, what better way to engage guests at a party than by coupling entertainment with education through a wine tasting exercise? Introduce your friends to the art of blending by treating them to a glass of white or red Seven Daughters Winemaker's Blends. Both wines are produced from seven distinctively different grapes, each contributing a unique flavor that is interesting on its own and fabulous when combined. To learn more about each distinct varietal and how they blend together to achieve that seductive mix of approachable sophistication and fun, visit www.7daughters.com.

Combining different elements in life can produce a result much greater than the sum of its parts. So don't be afraid to mix it up. You too can enjoy a blend that matches your distinct individuality.