

Take The Chill Out Of Winter With Tips From ‘Down Under’

(NAPSA)—While many Americans bundle up in mittens and overcoats to ward off the cold, Australians have fun in the sun in shorts and T-shirts. With December temperatures “Down Under” often reaching 100° F, summer in Australia is about enjoying family and friends while grilling outdoors and conversing with mates over a fantastic bottle of Australian wine. This winter, take a tip from Australia’s Black Swan Wines and warm chilly nights with a few Aussie December traditions.

Grill Up a Winter Feast!

Dump the winter doldrums by bringing a little “summer” inside. Pump up the heat to prepare for an indoor “grill-out,” the ultimate warm weather celebration. Decorate with picnic blankets, colorful plates and flowers and serve your favorite barbecued dishes. Grill-up some chicken or fish (use the broiler) and serve with a light, fresh vegetable salad. Enrich the “summer” experience with a delicious glass of Aussie wine; Black Swan Chardonnay. With crisp flavors of tropical fruit and pineapple, it’s a welcome addition to delicious “summer” BBQ fare.

Outdoor Activities Inside.

When it’s icy and cold, try to forget that Aussies are playing in the sand, swimming in the ocean and picnicking on the beach. If you crave warm weather sports, there are summer activities available year-round. Indoor swimming pools offer the chance to swim comfortably while it snows outside; massive indoor climbing walls can fill an



While Americans bundle up this winter, Australians are enjoying summer grill-outs and great wine like Black Swan Shiraz.

afternoon with fun. Tennis courts, basketball courts and even soccer fields can be found indoors.

Vacation Mode. During the busy winter months, it can be tough for on-the-go Americans to unwind. So take inspiration from your counterparts in the Southern Hemisphere and relax a little! Declare one weekend day a month your very own “Summer Vacation Day.” Do as the Aussies do and pour yourself a glass of wine to enjoy a day free of stress; with its black cherry and peppery spice flavors, Black Swan Shiraz is a perfect wintertime sipper. A few quiet hours with a good book, board game, or just spending time with a loved one can put you into a relaxed mindset.

For more information about Black Swan Wines or Australian recipes, visit www.BlackSwanWines.com.