

Creating Special Moments

(NAPSA)—This is the year many Americans resolved to slow down and spend more time creating special moments for themselves, friends and family.

Creating quality time day-to-day doesn't have to be work. Instead, follow these simple suggestions from the artisan winemakers of Turning Leaf Coastal Reserve—wines handcrafted especially for creating special moments.

Take 20

Relax! Take 20 minutes out of every day to clear your mind and appreciate your surroundings. It could be during your morning coffee, lunch hour or an evening walk around the neighborhood. Or, sit down and enjoy the sunset, backyard breezes and the sound of silence.

Prepare for Fun

Entertaining friends can be made simple by planning ahead. Simple tasks such as setting the table and loading the CD player the night before give the hostess more time for mingling with guests. When planning a menu, choose foods like pasta salads that can be prepared in advance. Purchase wine a few days before the party and chill white wine in the refrigerator two hours before guests arrive. Include a choice of red and white wines to please all your guests. Turning Leaf Coastal Reserve Central Coast Cabernet Sauvignon and North Coast Chardonnay would appeal to a variety of taste preferences.

Make Memories

Does it seem that every time something special happens in your home you find yourself wishing you had the camera close by? Take the camera out of the drawer and leave it around, so the next time something happens you can capture the moment. Select a frame and replace your spontaneous photos every few weeks, so



Set aside quiet time for yourself every day, so you can appreciate your surroundings.

you can reflect on occasions and friends throughout the year.

Reach Out to Friends

Show friends how much they mean to you by sending personal notes on vintage postcards. It takes very little time to write a few touching words that a friend may cherish for a lifetime. Or designate one night a week and spend a few minutes on the phone with friends and family just catching up. You may also want to agree ahead of time on a special bottle of wine, such as Turning Leaf Coastal Reserve Central Coast Merlot, that you could enjoy “together.”

Read All About It

Thinking about traveling, learning a language, or just want to increase your vocabulary but don't have time for a class? Check out a book. Reading lets you explore a subject at your own pace while gauging your interest in a variety of topics.

Each one of these ideas is only an outline for creating special moments. For more ideas, visit www.turningleaf.com.