

NEWSWORTHY TRENDS

Newsworthy Trends

Girlfriend Getaways

(NAPSA)—An increasing number of American women have discovered that a great thing to do for their families is to get away from them. A refreshing vacation with women friends, it seems, can make a big difference.

Many women today are busy, stressed out and tired from the multiple roles they perform at work and at home. A Girlfriend Getaway gives them the chance to recharge their batteries and reconnect with and focus on their own well-being.



Timeshares provide spacious accommodations in fabulous locations and can be terrific for girls-only vacations.

That may be why a new survey released by the American Resort Development Association (ARDA) found 38 percent of women have taken a girlfriend getaway and 63 percent expect to in the next couple of years.

To help keep Girlfriend Getaways fun, affordable and stress-free, ARDA offers “how-to” travel options and a free guide downloadable at www.vacationbetter.org.