

Take Two Weeks

(NAPSA)—Vacations can relieve stress and reenergize you for the year to come, but most people don't have any plans to vacation this year.

Based on a recent Expedia Vacation Deprivation™ survey, Americans not only receive less vacation time than people in other countries, they often fail to use it. Despite reporting an average of 14 paid vacation days, employed U.S. adults will leave an average of three vacation days on the table.



A timeshare can provide a wonderful opportunity to spend quality, leisure time together.

The American Resort Development Association (ARDA) challenges the vacation-deprived to take the first step to recovery and admit there is a problem. "People need to realize that taking time to unwind is an important health benefit," says Howard Nusbaum, ARDA president and CEO.

The second step is to ensure that the vacation you take is the best possible experience. A timeshare resort offers hassle-free second-home vacations. And ARDA member resorts provide spacious accommodations in stunning locations with all the comforts of home. For more information, visit www.vacationbetter.org.