



BREATHING CLEAN

NINE STEPS FOR PREPARING YOUR H-V-A-C SYSTEM FOR THE SEASONS. ONE, CALL A PROFESSIONAL. SEASONAL MAINTENANCE HELPS ENSURE SMALL PROBLEMS DON'T LEAD TO BIGGER PROBLEMS. TWO, GET AN H-V-A-C TUNE-UP. SERVICING YOUR H-V-A-C SYSTEM ANNUALLY CAN ENSURE IT RUNS PROPERLY. HAVE YOUR AIR DUCTS CLEANED BY A CERTIFIED TECHNICIAN. THREE, CHANGE YOUR AIR FILTERS. DIRTY FILTERS CAN PREVENT YOUR SYSTEM FROM WORKING EFFICIENTLY. DIRTY FILTERS CAN CONTRIBUTE TO ALLERGIES, COLDS AND THE FLU. FOUR, MAINTAIN OUTDOOR UNITS. REMOVE ALL MOSS AND PLANT DEBRIS. THEN, CALL A PROFESSIONAL TO PROPERLY CLEAN YOUR UNIT. FIVE, TEST OR UPGRADE YOUR THERMOSTAT. THE BEST TIME TO CHANGE YOUR THERMOSTAT IS IN-BETWEEN SEASONS. SIX, INSULATE THE ATTIC. PREVENT WARM AIR FROM ESCAPING OUTSIDE SO YOUR H-V-A-C SYSTEM EASILY MAINTAINS A PROPER TEMPERATURE. SEVEN, COVER THE WINDOWS. PENETRATING SUNLIGHT SIGNIFICANTLY RAISES INDOOR TEMPERATURES. CLOSE THOSE SHADES SO YOUR H-V-A-C SYSTEM DOESN'T HAVE TO WORK HARDER. EIGHT, CONSIDER UPDATING UNITS. NEWER MODELS ARE MORE ENERGY EFFICIENT. UPDATE YOUR UNIT AND SAVE MONEY ON UTILITY BILLS. NINE, WHERE TO START? LOOK FOR NADCA MEMBERSHIP AND CERTIFICATION. TAKE ADVANTAGE OF THE FIND A PROFESSIONAL FEATURE ON NADCA'S WEBSITE. GET STARTED AT BREATHING-CLEAN--DOT--COM.