



ANGIE READ DOYAL

Mental Health Blogger,
Stroke Survivor

STROKE SURVIVOR

ANGIE READ DOYAL, MENTAL HEALTH BLOGGER, STROKE SURVIVOR.

I WILL BE HAPPY AGAIN.

STROKE CAN HAPPEN TO ANYONE. WHEN SHE AWOKE, ANGIE'S ENTIRE LEFT SIDE WAS NUMB AND SHE COULDN'T SPEAK. HER HUSBAND KNEW SHE WAS HAVING A STROKE. HE RECOGNIZED HER SYMPTOMS F-A-S-T AND IMMEDIATELY CALLED 9-1-1.

THE REHAB EXPERIENCE. BECAUSE HER HUSBAND RECOGNIZED HER SYMPTOMS F-A-S-T (FACIAL DROOPING, ARM WEAKNESS, SPEECH DIFFICULTY, TIME TO CALL 9-1-1), ANGIE HAD SURGERY WITHIN NINETY MINUTES AND JUST FOUR DAYS LATER, SHE BEGAN SEVEN WEEKS OF INTENSIVE REHAB THERAPY.

LIFE AFTER STROKE. A FEW MONTHS LATER, SHE SUFFERED A SECOND, SMALLER STROKE, AND DEPRESSION SET IN. ANGIE SOUGHT TREATMENT AND IS IMPROVING DAILY. "THE HAPPY ENDING TO MY STROKE STORY IS JUST AROUND THE CORNER—I CAN FEEL IT!" – ANGIE READ DOYAL.

AMERICAN STROKE ASSOCIATION, A DIVISION OF THE AMERICAN HEART ASSOCIATION. LEARN MORE STROKE-ASSOCIATION—DOT—ORG—SLASH—WORLD-STROKE-DAY. NATIONALLY SPONSORED BY MEDTRONIC.