Americans are living longer. While this brings great opportunities, older adults face an increased risk of dementia.

There’s no cure, but early detection and treatment can greatly improve quality of life, so if you suspect a problem, see a doctor.

Fortunately, there are more resources than ever to help. For example, the ElderCare Locator, a program of the U-S Administration on Aging, connects people who have dementia and their caregivers to a wide range of local services.

Learn more at elder-care--dot--a-c-l--dot--gov and 800--6-7-7--1-1-1-6.