Beware of High Blood Pressure

Come on, it’s not that hard. My big man fingers are having a problem with these little tiny buttons.

Whoa, watch it there. Your blood pressure’s going to go through the roof.

Tell me about it. I’m trying to learn how to get it down. Instead, it keeps going up.

High blood pressure can increase the risk for heart attack or stroke. Learn how to keep yours at a healthy range.

Ever hear of voice command? Just say text Barbershop to 9-7-7-7-9.

That’s not what I said. Just give me that. Now my blood pressure’s up.