

helpful hints

First Date Survival Tips

(NAPSA)—First dates can be nerve racking. There is so much to think about—especially for guys. Where are you going to take her? What will you talk about? What will you wear?

With so much on your mind, it can seem like the possibility of a great first date is impossible. But if you can harness up a little bit of bravery and follow some of the tips below, a great first date is in your future (and hopefully a second one, too).

First, make sure to look (and smell) your best. This will help you to be confident and poised throughout the date.

As dating and love expert David Coleman (a.k.a. “The Love Doctor”) points out, “An easy and effective way to show a girl you care about your grooming and appearance is to wear a sexy, masculine cologne. English Leather Black, for example, is a new, sensual scent that no girl will be able to resist.”

Next—don’t forget fresh breath. You never know what you may have for dinner or what secret ingredients a dish may have, including onions or garlic. Don’t worry—just remember to carry some gum or breath mints



Show the girl you care that you value grooming. Looking—and smelling—your best will help you feel confident on that first date.

with you. Then, you will be able to enjoy your dinner and still have a great-smelling conversation. This is a sure way to start moving your way toward a second date.

Lastly, leave your cell phone at home. Coleman says this will help you to stay focused on your date. In return, it will make her feel important and comfortable.

No matter who you’re with and what you do, body language will convey your feelings even before you say a word, and nothing is sexier than a smile.

So relax, indulge in some time for love and make your next date a sensational one to remember.