

Morning Routines Made Easy

(NAPSA)—Morning can be tough, but now you don't have to struggle with your youngsters to get them ready for the day if you follow a few helpful hints:

- Do all your prep work at night:

1. Decide on breakfast foods, such as cold cereal, and have everything set out. Your little one can pop out of bed and head for the kitchen without your help.

2. Set out clothes, shoes and accessories for the next morning. That can save time on last-minute “debates” about what to wear.

3. Use shampoos, conditioners and styling products that nourish and soften your child's hair to make it more manageable and easier to style during the morning rush.

- If your little one fusses over hair combing because it pulls and hurts, try a detangling spray formulated with proteins and vitamins. The added conditioning will make brushing easier.

Also make sure to use the right brushes: a plastic, wide-bristled one to detangle and a fine-bristled one for smoothing hair into a ponytail or taming flyaways along the hairline. Another great way to tame flyaways is Just for Me! Hair Milk Smoothing Edges Crème. It's gentle and takes the hassle out of taming your little one's messy tresses.

Even if you're creating braids, twists or ponytails, the morning routine doesn't have to be stressful. Shampoo and condition at night with Just for Me! Hair Milk



Creating pretty hairstyles for children can be easier than many parents realize.

Shampoo and Conditioner. With nutrients such as vitamins C and E and calcium, children's hair is moisturized and softer, making hairstyling in the morning a cinch.

All of the products in the Just for Me! Hair Milk line are specially formulated with milk and honey, as well as essential nourishment for stronger-feeling hair that is tangle free and looks silky and shiny. There's also a straightening mist and styling crème available at food, drug and mass market retailers.

Learn More

You can find more information, tips and styling ideas online at www.jfmvipclub.com or by calling (800) 527-5879.