Holiday Hints

Shine This Holiday Season Celebrity Stylist Tips For Fabulous Hair And Makeup At Home

(NAPSA)—The holidays are around the corner and it can be easy to achieve a holiday-ready look at home. Hollywood's top celebrity stylists explain that shine and shimmer are key trends this season and offer tips to achieve a shine-inspired look.

Celebrity stylist and star of "Tim Gunn's Guide to Style" Gretta Monahan says, "The 'must have' look of the season is all about shine. Increase your shine potential with hair products and accessories that accentuate the natural style and texture of hair."

Celebrity makeup artist Mally Roncal predicts shimmery cheeks and luminous eyes—the perfect complement to chic and shiny hair —will carry over from the fall season for sophisticated holiday style.

Monahan and Roncal lay out some shine-infused looks that are easy enough to try at home and are universal enough for everyone.

Chic Sleek Shine:

To get started, use products that put shine in your hair. Monahan recommends Dove Shine Therapy Shampoo and Conditioner to give dull, lackluster hair shine. They help to protect, repair and align damaged cuticles to restore hair's ability to reflect light.

For straight hair, slick it back in a sleek ponytail, keeping it close to the scalp for an instant clean and sophisticated look. Finish off the look with a jeweled ponytail holder that is modest in size.

For a makeup look to match, keep eyes neutral with a focus on the cheeks. Achieve a sophisticated shimmer with a dewy, fresh face. Apply cream blush to the apples of the cheeks and finish off with a shimmered powder highlighter.

Modern Natural Shine:

For curls and waves, dry your



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hair halfway on low setting with a blow-dryer, then let your hair take a break from the heat and see the natural body bounce to life. Polish the look and add sheen with a satin bow headband.

Achieve a makeup look to complement this hairstyle with gilded eyes enhanced with rich metallic shadows, especially gold and silver.

To pull this off during the day, apply a metallic shade of gold across the eyelid or just to highlight under the brow bone, tear duct and cheekbones. To make your eyes shine, dab a little extra shadow in the inner corner of your eyes for a completely polished look.

Roncal recommends, "Be sure you are always holiday-party prepared—throw a Q-tips purse pack in your clutch. Q-tips are the ultimate beauty tool, especially for precise makeup application, blending and touch-ups."

Visit dovehair.com for a free sample of Dove Shine Therapy. For more holiday makeup tips, visit www.qtips.com.