

Tips For Moms

Make Every Day Feel Like Mother's Day

(NAPSA)—Moms are often so busy taking care of everyone else that they end up putting themselves at the bottom of the to-do list.

Moms everywhere can put themselves and their beauty back on the list with some tips to help every day feel like Mother's Day:

Schedule Some "Me" Time

- Whether it's a weekly trip to the gym or a monthly book club session, set aside some time for an activity you truly enjoy.

Sneak in Some R&R

- Before everyone wakes up, eat your favorite breakfast in bed for some early-a.m. relaxation.

Enjoy a Private Oasis

- Recruit your hubby to watch the kids while you transform your bathroom into a private oasis. Light scented candles, play calming tunes and add a bit of indulgence to your shower with Suave Skin Therapy Daily Exfoliating Body Wash.

Treat Yourself to a Sweet

- After dropping the kids off at school, treat yourself to a specialty coffee drink for a sweet pick-me-up to get the day started.

Dress Right For Date Night

- Schedule a much-deserved date night for you and your better half. To keep your little black dress looking fresh and clean, use Suave 24-Hour Protection Invisible Solid in Unscented.



When mom puts herself on the to-do list, every day can feel like Mother's Day.

Go On a Mini-Chore Strike (Even if Just for a Day)

- Take a break from household chores and hire a cleaning service—or leave the dishes soaking overnight—so you can have some guilt-free playtime with the kids.

Get Shimmering Strands

- Restore shine to lackluster locks in the shower by removing build-up and moisturizing with Suave Professionals Vibrant Shine Shampoo and Conditioner. Finish the look with Suave Professionals Vibrant Shine Mist and Hairspray to aid with styling and enhance shine.

For more suggestions on ways to get your beauty back, visit www.suave.com.