

Hair Today

From The Red Carpet To The Real World Celebrity Stylist Tips For Creating Fabulous Hair At Home

(NAPSA)—Beautiful hair is not just for celebrities. By loving the hair you have and embracing the season's hottest hair trends, it is easy to walk out the front door feeling great every day.

"Celebrity stylists often use hair extensions, breakage-causing dyes and even shoe polish to achieve the styles seen in magazines or on TV," said Gretchen Monahan, celebrity hair stylist. "But women do not need to enlist a team of stylists or spend hours in a salon chair to have real, beautiful hair."

Guided by some insider trend information and armed with expert care, women can love the hair they have without the extensive measures and outrageous costs.

Monahan provides the following tips to achieve this year's hot looks:

Headbands

From coast to coast, women are sporting headbands in every color, style and textile. Both stylish and practical, headbands are a great way to add flair and versatility to any hairstyle. Women with hair of any texture, length or hue can wear this hot hair accessory.

Stylist Tip: For a hip look, wear an ultra-thin headband to coincide with the latest ballet-inspired fashions, or layer two thin headbands for an added element of soft style.

Hot Roller Hair

Big, bold, curly hair is back. Creating gorgeous curls as well as unbelievable body has never been easier. Find your true curl potential with a classic hot roller set.



Stylist Tip: Use the largest rollers at the crown of your head to produce maximum volume. Keep in mind that any amount of heat styling is damaging to hair. Use products designed to protect and repair hair, such as Dove Advanced Care Intense Damage Therapy Shampoo and Conditioner, which provide hair with more body, shine and strength in just five days.

High Buns

The ever-fashionable bun has been pushed to new heights this year. Every woman can easily transform lifeless hair into a mod updo with just a few bobby pins.

Stylist Tip: Put a twist on the time-tested classic bun by positioning it on top of the head instead of at the base of the neck. Accessorize by wrapping the bun with a vintage or patterned scarf to achieve a chic look.

Visit www.doveloveyourhair.com for more expert hair advice.