

# newsworthy trends

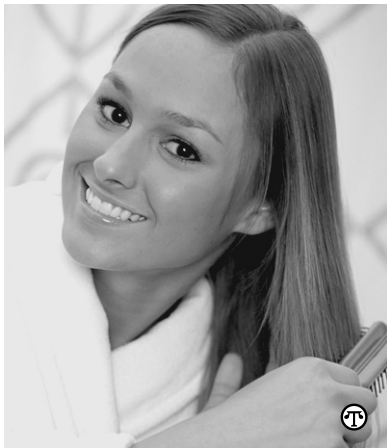
## Washing Away Stress

(NAPSA)—It may actually be a good idea to get steamed over stress. That's the news from trend watchers who say Americans don't just use their showers to get clean—they relax in them as well.

As bathrooms become the new “safe haven” of the home, people have found innovative ways to get more out of their showering experiences. For instance, new types of showerheads have been designed to regulate water flow to simulate the natural feel of streams or delicate waterfalls. And new extra-deep bathtubs now encourage marathon sessions of relaxing soaks.

Beauty products are also getting into the act. One notable example would be the Alberto VO5® line of Nourishing Oasis shampoos and conditioners, which feature aromatherapy fragrances and nourishing conditioners to restore your hair and spirit.

The new VO5 line comes in such relaxing varieties as Soothe & Smooth with Honey & Almond; Calm & Condition with Lavender & Chamomile; Refresh & Replenish with Jasmine & Aloe; and Energize & Volumize with Citrus and Vitamin C. The products work with your shower's steamy heat,



### **Aromatherapy has hit today's showers.**

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with blooming aromatherapy fragrances and nutrient-enriched conditioners that restore your hair.

In addition, Nourishing Oasis shampoos are formulated with advanced cleansers that contain high-end skin care ingredients for a mild, rich foam, and the conditioners deliver ultrafine silicone molecules to the hair shaft without leaving hair heavy or weighted down.

For more information, visit [www.albertovo5.com](http://www.albertovo5.com).