

BEAUTY TIPS

Best Kept Beauty Secrets

(NAPSA)—Here are hints on how stars' skin always looks so smooth, and their hair so shiny and in place. These little known tricks of the trade can help you look like a superstar.

1. For skin like J.Lo's, exfoliate and moisturize. A scrub such as Té Tao Body Scrub sloughs away dead skin with apricot kernels and nourishes with ginseng. It is gentle enough to do the trick without stripping skin of its natural moisture, leaving it cleansed, balanced and glowing. To turn up the glow, slather on moisturizer. A great choice is Té Tao Body Lotion. It contains mother of pearl powder, which leaves behind a subtle shimmer. Pay special attention to shoulders, collarbones and shins—places that the light hits.

Skin that glows like J.Lo's is all about exfoliating and moisturizing.



2. You can have hair that shines like Jennifer Aniston's. Few things look worse than dull, dry locks—simply using a shampoo and conditioner formulated to add volume and shine can keep hair in tiptop shape. White Rain Naturals Coconut Essence shampoo and conditioner is rich and creamy to keep hair soft, and is revered as a “secret weapon” for putting an end to dandruff. After all, no celeb would be caught with white flakes.

3. Hair can stay styled but look natural, like Mel Gibson's. You want your hair to stay in place and hold the style you intended without looking stiff and full of product. The Dry Look Hair Spray can be a tried and true savior. It holds even the most fine, thin hair for 12 hours straight without leaving a shiny coating behind, so style looks natural and effortless, but still perfect.