

Beauty Survival Guide

Looking Cool When The Weather's Hot

(NAPSA)—Hot, humid weather is the bane of many a beauty routine, causing makeup to melt, hair to frizz and skin to shine, shine, shine. But don't fret! Renowned makeup artist Brigitte Reiss-Andersen shares some insider tips she uses on clients such as Courtney Cox-Arquette and Michelle Pfeiffer, and celebrity hairstylist Steven Dillon passes along some tricks he practices on Elle MacPherson and Gina Gershon.

Cool Cosmetics for Hot Days

To look cool, Brigitte Reiss-Andersen recommends that you:

- Choose a lighter moisturizer for quenching summer skin. Going oil-free is a good bet.
- Select sheer foundation that is customized for your skin tone. Dab only in spots where you need it, not over the entire face.
- Control shine with a light application of powder to T-zone. Powdered papers or blotting papers are also great tools to help control shine in a pinch.
- Stick to cream blush, which looks more natural in sunlight.
- Switch to waterproof, smudge-proof mascara—no more melting mascara or raccoon eyes!
- Lighten and brighten your cosmetic colors for subtle beauty. Think corals, reds, tans and suedes.

Tricks of the Tresses

To beat warm weather tress distress, Dillon suggests that you:

- Use a clarifying shampoo once a week to prevent dry, dull, weak hair caused by exposure to chlorine and salt water.
- Comb a conditioner through wet hair, then tie back in a ponytail before heading out for a day in the



Warm weather presents special challenges for hair and makeup. A leading beauty Website can help.

sun. When you rinse your hair at night, it will be smooth and lustrous!

- Apply frizz lotion to damp hair, then twist and pin up in pin-curls to combat the humidity. Let them set while you apply your makeup, then undo for a mane of mermaid waves. Try not to touch your curls, as it can lead to unwanted frizz.

- Place fine, limp hair in braids while damp, and leave in all day or overnight. Remove for a fun, voluminous wavy look.

Customize your Look

Log on to www.reflect.com, the leading online beauty site, to help create beauty products to suit your style, personality and needs. Through its patent-pending customization process, the site offers custom cosmetics, skincare, fine fragrance and haircare products that target each woman's individual needs.