

Summer Hot List

Five Essentials To Keep You Looking Cool This Summer

(NAPSA)—This summer it's all about looking hot, while staying cool, so be sure to head to the beach in style. All you need is a great suit and a few key accessories to achieve that perfect look according to *Allure* magazine's summer "hot list." While patterns were the rage this spring, this season it's all about splashes of bright, traffic-stopping color. Whether you find yourself on the beach or poolside, it doesn't hurt to take some tips from the pros.

"Bright colors and bold accessories are all you need to be a real beauty this summer," says Linda Wells, Editor-in-Chief of *Allure*. "Be sure to follow our to do list—we've identified five key things to ensure it's going to be a hot one."

- **Strut your stuff in a wild bikini.**

An awful lot of flesh will be flashed on the beach this summer. The bathing suit of the moment consists of a couple of strategically placed triangles in a Day-Glo bright shade.

- **Fake a tan.**

Everyone knows that bronze have more fun! Give your face a sun-kissed look with a powder bronzer. The best way to get the rest of the body from Wonder Bread to toast is with a self-tanner; Clarins and Biotherm make cream formulas that dry fast and leave a natural finish.

- **Brighten your smile and stain your lips.**

For your face, it's all about a bright smile and stained lips. Use Crest Whitestrips—clear, flexible strips coated with hydrogen peroxide whitening gel on one side that adhere directly to the "smile" teeth. Wear twice a day for 30



minutes a time over two weeks for whiter teeth that last up to six months. Pick up a box at your local drug store for around \$44.

The perfect way to offset your pearly whites is to give your lips the look of someone who's been licking a strawberry or orange Italian ice on a sweltering afternoon. Liquid tints by L'Oreal, Vincent Longo, or Benefit give your lips color that will endure those hot summer days and nights.

- **Score some shades.**

You need new sunglasses every summer, because, odds are, you left last year's pair in the glove compartment of that rented convertible. Of course, smart shades should protect eyes from UVA and UVB rays. Beyond health precautions, there's always style. This year, consider something wide, wire, and wraparound.

- **Step into Sandals and get a pedicure.**

Summer is a time to spoil your feet! Go beyond barefoot: Michael Kors's sandals have a captive, wraparound-the-ankle strap that evokes Russell Crowe while drawing attention to toned legs. But what pair of feet is complete without freshly pedicured toes? Expect to see the zesty shades of the season peeking out to show their true colors.

Now, keeping up with summer's hottest trends has never been so easy!