

# Holiday Glamour

## Simple Ways To Be Beautiful For The Holidays

(NAPSA)—During an already pricey season, the idea of splurging on a new look may seem daunting, but when it comes to all of the holiday parties and gatherings to attend, you'll want to look your best. So how can you look great without breaking the bank? Follow these simple and affordable tips to reveal a more beautiful you for the holidays:

- Don't skimp on sleep. No matter how much shopping there is to do and how many gifts you have to wrap, give yourself the gift of getting enough sleep. It'll show on your skin—helping it look radiant and well rested.

- Eat plenty of fruits and vegetables. Not only will the antioxidants replenish your skin, a healthy, well-rounded diet can help you avoid overindulging on holiday treats.

- To reveal younger-looking skin, head to a Walgreens or CVS to pick up Rapid Wrinkle Repair moisturizer from Neutrogena. This anti-aging moisturizer uses the fastest retinol (a proven anti-aging ingredient) available to deliver results in as little as one week. In fact, it's actually proven to work better than a leading higher-priced competitor. It can help you reveal brighter, smoother and younger-looking skin just in time for the holidays.



**There's no need to waste money on expensive beauty and skin-care during an already pricey season.**

- Prepare for New Year's Eve—one of the biggest nights out—by accentuating the positives and adding a pop of color. Conceal or brighten dark circles around your eyes with the multitasking Healthy Skin Brightening Eye Perfector and use the creamy Nourishing Eyeliner for notice-me eyes all day and night. For that New Year's kiss at midnight, you only need one week to get softer, rosier and healthier-looking lips, even after you take it off, with Neutrogena Revitalizing Lip Balm!

For more great holiday glamour ideas, visit [www.Neutrogena.com](http://www.Neutrogena.com).