

Beauty Basics

Looking Your Best For Less

(NAPSA)—The beauty of at-home treatments is that they make it easy to pamper yourself and still be kind to your budget.

Here are a few examples of salon treatments you can replicate at home. Most at-home products are so easy to use, mastering the techniques is easy.

- **Salon blowouts.** Skip salon blowouts by investing in a professional hair dryer. Blow-dry your hair most of the way and then put in medium-size Velcro rollers. When your hair is dry, unroll rollers and apply hair spray.

- **Root touch-ups.** New root touch-up products can help you extend the time between applications of hair dye without stressing your hair or your wallet.

- **Hair removal.** Professional waxing can be expensive, so check out over-the-counter hair removal products.

“You can get salon-quality results at home—and at a fraction of the cost,” says Alison Deyette, style director of AliOnTheGo.com. Deyette likes Nair’s line of dermatologist-tested products, including Shower Power Sensitive Formula—an in-shower depilatory that moisturizes as it removes hair, leaving skin smooth days longer than shaving. There’s also Nair Exfoliator for Legs and Body, a 3-in-1 formula that gently exfoliates, removes hair from beneath the surface and moisturizes skin.



There are simple ways to cut the cost of your beauty routine.

Nair Soothing Wax Kit for legs, body and bikini is infused with menthol to provide an “ouchless” waxing experience, and Nair Salon Divine Microwaveable Body Wax Kit is a stripless wax that heats up in a microwave and effectively removes short hair.

- **Mix up some kitchen cosmetics.** The kitchen can be a great source of beauty remedies. Swap out your expensive toner for witch hazel, add olive oil to bathwater to help soften skin, or make your own oatmeal mask. Just mix dry oatmeal and water into a paste. Then gently spread it on your face. After it dries, rinse off with warm water and pat your face dry.

For more information, visit www.NairLikeNeverBefore.com.