

Skin Sense

facts from the experts

Show Some Skin For Summer

(NAPSA)—As the seasons of “bare” approach, you may want to show some skin, either in a bikini at the beach, or when wearing flirty skirts and shorts around town. Many women believe smooth, hair-free skin helps them feel put together, but time, money and pain thresholds do not always permit a trip to the spa for exotic hair removal treatments. To help, Jillian Wright, aesthetician to the stars, reveals information vital to beautiful skin and effective hair removal in the convenience of your own home.

Prepping Your Skin

- Adopt a “Very Little Sun” policy. Sun exposure is the number one cause of premature skin aging and over-exposure can inhibit your hair removal ritual. Use sunscreen with zinc or titanium dioxide when outside.

- Exfoliation is key. To ensure beautiful skin, exfoliate once or twice a week to remove dead skin cells that dull your complexion. This creates a “clean canvas” for better penetration of beauty products.

- Hydration fixation. Softer is better, so moisturize face and body day and night. Drink water for internal hydration and a healthy glow.

Taking It Off

The most cost-effective and convenient option is the use of an at-home product—one that has proven hair removal with long-lasting results. NAIR®, the expert



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in hair removal, offers longer-lasting results than shaving without the nicks, cuts and razor bumps associated with this “other” popular method of hair removal. New products with improved formulas and “hands free” applicators, like NAIR No Touch Glide-On Cream, Mousse and Upper Lip Cream, make the grooming ritual of hair removal cleaner and more controlled, with less irritation.

Depilatories remove hair from beneath the surface of the skin for results with staying power while simultaneously exfoliating target areas, leaving behind softening agents for smooth, moisturized skin. They can be used as a stand-alone method or in conjunction with the other hair removal methods. Used at home, while on a business trip, or when weekend-ing at the beach with friends, depilatories offer a great way to help maintain beautiful, smooth skin all summer long.