

Skin Sense

facts from the experts

Cool Ideas For Summer Beauty

(NAPSA)—Everyone needs a few hot tips to keep their lips and skin looking cool and feeling smooth when the weather heats up.

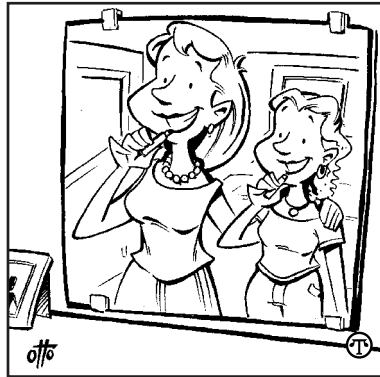
1. It's a bright idea to stay out of the sun. Try to remain indoors between 11 am and 3 pm and wear sunblock and a hat whenever you do go out. You should take these precautions even on cool or cloudy days, since the sun can still damage your skin even when it is overcast outside.

2. Warm weather calls for a light hand when applying make-up. You may need to reapply more frequently, however. And make sure you use products that include SPF for sun protection.

New multi-function skin and beauty products offer neutral, fresh and shimmery new looks, while also protecting your skin from the damaging effects of the surf and sun. Such products, says celebrity makeup artist Elizabeth Freid, "are the way to go these days to ensure you are getting enough protection from the elements plus beauty benefits in a simple, low-maintenance way whether you're at the beach, playing in the park or window shopping."

3. Protect and beautify your lips with a new line of multi-function lip care products. For those who want a simple and natural look while out in the sun, swimming in the pool or sitting under the stars, *ChapStick® LipSations™* may be just the thing you need.

ChapStick LipSations comes in four fun varieties: Tropical Fruit Glitter, Strawberry Kiwi Gloss, Mocha Tint and Vanilla Simply Moisturizer. Each one moisturizes and conditions your lips, and protects them from chapping and exposure to the sun. They all contain SPF15, Vit-



The latest look for lips this season is safe, sweet and slightly shiny.

amin E and Aloe. You can wear Tint to dress up for evening and Glitter to shimmer at the beach. Look for *LipSations* Mocha Tint, Tropical Fruit Glitter, Strawberry Kiwi Gloss and Vanilla Simply Moisturizer at local food, drug and discount stores next to *ChapStick*.

4. Before going to bed after a day of fun in the sun, wash your face gently with mild soap and pat dry to reduce the risk of peeling. Then cool your eyes with an application of cucumber slice and apply a light moisturizer.

And nighttime is when lips are most receptive to re-hydrating and replenishing. So use *ChapStick® OverNight Lip Treatment* at bedtime to moisturize and condition your lips. It contains eight moisturizers, including Aloe and vitamin E, to replenish, smooth and soften lips as you sleep.

Keep these tips in mind and you may find you can keep your skin looking fine all year round. *ChapStick®* products are made by Whitehall-Robins Healthcare, a division of American Home Products.