

Top Tips For Spring Beauty

(NAPSA)—Spring has officially sprung, and from the fashion runways to the beauty pages of your favorite magazine, looking great this season is all about skin-baring looks and fresher, lighter makeup. You may think the new trends are going to cost you a fortune, but it is easier than you might think to get your beauty routine ready for spring.

“Altering your beauty regimen for spring and summer is simple; all it takes are a few easy changes,” says Rebekah George, former beauty editor at Prevention magazine. Here are some tips that George recommends:

- **Peachy Lips**—Gone are the severe reds and pinks of this past winter. This season, lips are lighter, more natural looking. “We saw lots of peach and light coral tones on the runway for spring 2010,” says George. “These colors brighten your face and give you a fresh, lively look.”

- **Silky Soft Skin**—It’s the season for tank tops and mini-skirts, so it’s more important than ever that your skin looks and feels great. The best way to get silky smooth skin is to moisturize daily. “I recommend Vaseline Sheer Infusion body lotion with Stratys-3, a superior moisturizing technology that gives you incredibly silky skin that lasts all day long. It provides twice the moisture when compared to other leading everyday body lotions,” says George.

- **Soft Waves**—Hair has lightened up for summer as well. Soft, natural-looking waves complement spring and summer styles perfectly and they are easy to recreate. “Instead of using a brush,” suggests George, “try finger-combing wet hair to maintain a natural wave. Then apply a mousse for a



Keeping skin hydrated can help enhance spring looks.

light hold and body. Twist 1–2-inch sections of hair and let them air-dry.”

- **No-Makeup Makeup**—The old adage has always been that you should try to look like you are not wearing makeup at all. This could not be any truer this season. To achieve this look, George suggests sticking to mineral foundations and using light pink and peach tones on eyelids with minimal or no eyeliner.

- **Shimmer Is Back**—One place where you can get away with a little bit of noticeable makeup is shimmer on your cheeks and eyelids. Shimmery pastels and other light hues will be big this spring. “Check out your local drugstore for shimmery palettes to play with. It is best to gently apply these shades with a large, fluffy shadow brush,” says George.

All these great beauty products, which help you get the perfect look this spring, are available at drugstores and makeup counters nationwide.