

Skin Sense

Become A Natural Beauty

(NAPSA)—Adding a natural touch to your skin care could help you put your best face forward. Dermatologists now say that many of the same vitamins that are good for your diet are good for the skin, too, when used topically.

For instance, the goji berry, grown on vines in the Himalayan Mountains, contains 20 traces of minerals, all eight of the essential amino acids, vitamin B, vitamin E and more vitamin C by weight than the amount in an orange.



Natural ingredients could help reinvigorate the skin.

Two skin care treatments—Pomegranate Super Anti-Oxidant Cream and Pomegranate Overnight Recovery Serum—combine goji berry with antioxidant-rich pomegranate to hydrate skin and help protect it against free radicals, which cause it to visibly age. Beauty experts say the result from those ingredients is brighter, softer and more radiant skin.

The cream also contains aloe leaf juice and kola nut extract, which work as anti-irritants, and the serum is made with grape seed extract to help guard against the effects of pollution.

They're available exclusively at Kohl's department stores or www.kohls.com.