

Skin Facts

Acne Care: A Total Approach

(NAPSA)—The best step teens can take toward improving their skin may be to adopt a consistent skin care routine.

Acne affects up to 85 percent of all teens. Although most cases of acne can effectively be treated with over-the-counter products, teens may run through various products or combinations of products and get frustrated when they don't see the results they desire.

Parents can help teens get the help they need by recommending a total approach that includes cleansing and treatment. Many teens do one but not the other. Now Stridex gives them two important tools uniquely packaged together in a single jar.

Stridex Dual Solutions features effective cleaning pads and intensive penetrating treatment gel. The soft-textured, alcohol-free pads clean skin and unclog pores while the medicated treatment gel targets those areas that need a little extra help.

Dual Solutions comes in two forms—Daily Pore Control and Intensive Acne Repair. Daily Pore Control addresses pore treatment and anti-blackhead needs. The gentle effective pads offer cleansing and full face coverage, while the intensive, pore-clearing, medicated gel helps treat blackheads and blemishes at the source. Both products contain salicylic acid. Intensive Acne Repair addresses pimple problems and comes with maximum-strength pads with salicylic acid and a benzoyl peroxide



Used consistently, over-the-counter acne treatments can control and prevent acne for most people.

treatment gel to clear up and prevent breakouts.

“Having a consistent skin care routine is highly effective when treating acne,” says Dr. Charles Zugerman, M.D., a practicing dermatologist and associate professor of clinical dermatology at Northwestern University Medical Schools. “Maintaining a facial-cleaning and treatment routine using over-the-counter acne-fighting products is the most economical and effective way for teens and young adults to control complexion problems.”

While acne is often considered a teen issue, one in four men and one in two women will experience acne at some point in their adult lives. Over-the-counter treatments can also be effective in clearing up acne in adults. For more information, visit www.stridex.com.