

# Warm Weather Skin Shape-Up

(NAPSA)—When the weather warms up, it may be time to repair the damage that the cold has done to your skin. Cool weather outside and dry heat inside can take quite a toll on your skin, zapping its moisture and leaving it pale, uneven and flaky.

Luckily, there are a number of ways to revive skin and achieve that healthy glow. Robert Scott, celebrity aesthetician and wellness expert, emphasizes the importance of caring for skin during this transition period: “During the winter months, clients often complain about dull, dry skin, but there are some fantastic products out there with a double duty formula that moisturize skin while adding a hint of color so we can transform winter skin from drab to fab.”

Using a color-enhancing moisturizer that hydrates skin and gives an instant radiance helps get skin in shape for the warm weather. Try a product like Olay Radiance Reviver, which delivers the following benefits:

- Hydrates skin—Moisturizing ingredients eliminate dryness, delivering soft, healthy, hydrated skin.

- Adds a hint of color—A customized formula works with every woman’s skin tone, resulting in a natural-looking glow.

- Evens skin tone—High levels of glycerin help improve skin tone and texture.

Once your skin is glowing and ready for body-baring fashions, you can focus on building a warm weather wardrobe to complement your radiant skin. According to celebrity stylist Jeanne Yang, “summer looks should be fresh, light and flirty.”



She offers several suggestions for getting your wardrobe ready for the body-baring season.

## **Clean out your closet**

- Dry clean your bulky winter sweaters and overcoats and keep them folded up in paper for protection.

- Store heavy winter items in the back of your closet or inside hallway closets.

- Donate clothes you rarely wear to a charity such as the Women’s Alliance (log on to [www.womensalliance.org](http://www.womensalliance.org)).

## **Shop for fashions and colors that show off your skin**

- Wear strapless tops and halters, which are very popular this season and show off renewed, radiant skin.

- Choose clothing in citrus shades and bright colors like chartreuse, salmon and turquoise to accentuate skin tone.

## **Use accessories to brighten up your outfit**

- Try donning some dazzling ethnic jewelry, Indian coral earrings or a turquoise necklace.

- Add a colorful summer bag or purse to a subdued outfit.

With these helpful tips, you can renew and revive your skin as well as your wardrobe for the warm weather!