Chocolate Facts and Figures

What Women Really Want—Health By Chocolate

(NAPSA)—Being and feeling more beautiful can be delicious. That's because three new products made with a nutritional powerhouse—chocolate—really help women look and feel their best.

• Health by Chocolate Beauty Bars are Swiss chocolate bars that are exquisitely delicious and designed to benefit your skin. Ecco Bella's new Health by Chocolate Bar and drink begins with organic Swiss Cocoa and contains more minerals and antioxidants than most fruit and vegetables. They're like vitamins for your skin.

This delectable chocolate helps protect your skin from the effects of aging. Created by Ecco Bella founder and president Sally Malanga and Dr. Phillip Cohen, a holistic physician and professor of dermatology, these bars are *choc*full of minerals, won't raise cholesterol levels and have only a modest 14 carbs per serving.

The bars are infused with cranberry seed oil for omega-3 fatty acids, plus blueberry extract, lutein, lycopene and as much fiber as an apple. The bars are Certified Organic and Fair Trade.

• Some women like chocolate so much, they put it all over their face—as a mask. They know that the inherent properties of chocolate are ideal for skin care. Malanga knew that and so she created Ecco Bella's Organic Dark Chocolate Mask.

It's a creamy facial treatment that's naturally pure and rich in magnesium, vitamins, and antioxidants. All of the delicious organic ingredients—aloe vera, organic cocoa powder, safflower oil, kaolin, marshmallow extract and chamomile nourish and cleanse the skin leav-



Being—and feeling—beautiful has never been so delicious or so nutritious.

ing it smoother, more supple and with better tone and clarity.

• Now, there is the Women's Wonder Bar for PMS and Menopause, a delicious chocolate bar the puts women of all ages in a restored frame of mind.

The Women's Wonder Bar, delicately flavored with rose oil, also contains Chaste Tree Berry, a traditional herb for relieving symptoms of both PMS and menopause, along with wholesome soy powder known to have a positive effect on bone, breast and heart health. The bars also contain cranberry seed oil, which has a blend of omega-3 fatty acids and as much fiber as an apple, all hidden in a rich Swiss chocolate bar.

For more information, visit www.eccobella.com. The products are found at Whole Foods, Wild Oats and independent natural product retailers.