

QUICK QUIZ

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You: A Narcissist?

(NAPSA)—If you're constantly reflecting about your reflection, you may be a narcissist. Take this quick quiz and find out.

1. I look into the mirror this many times a day (a) Once, when I wake up. (b) Three times. (c) At least five.



Enough about me. Let's talk about you. What do you think about me?

2. Do you moisturize daily? (a) No, lotion is for girls. (b) Occasionally. If I have a sunburn or something. (c) Always—It's a necessity.

3. Do you exfoliate to make your skin clearer and younger? (a) Never. (b) Occasionally. (c) Regularly.

If you answered "C" most of the time, you may not be a narcissist, but you care about how you look. Among the benefits of exfoliation, for example, is that it removes dull, dead skin cells clinging to the surface. These dead cells are almost devoid of moisture and make your skin look tired, report experts from the manufacturer of Pretty Feet & Hands Rough Skin Remover, a gentle exfoliant that removes cast off skin cells. To learn more, visit www.bfascher.com.