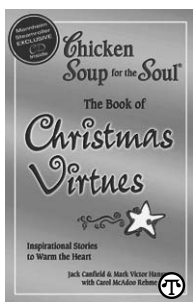


HOLIDAY Traditions

Christmas Virtues

(NAPSA)—During a holiday season that is often consumed by lights, cameras and material pursuits, it's nice to step back and celebrate the positive aspects and traditional virtues associated with Christmas—and a beautiful new hardcover book can help families find the holiday's true gifts.



Designed as a gift book or family keepsake to be used as a holiday tradition, "Chicken Soup for the Soul: The Book of Christmas Virtues" (Health Communications, \$19.95) features seven virtues traditionally associated with Christmas. Each is discussed in a short, inspirational essay, then illustrated by four or five all-new, heart-touching stories from "Chicken Soup for the Soul," bringing the magic of the season to light. Each section ends with a one-page suggestion on how to start your own holiday tradition, from baking cookies to charity ideas that reflect the spirit of the virtue.

A portion of the proceeds from the sale of the book will go to Vintage Voices, Inc. This nonprofit organization serves the elderly and is committed to fostering dignity, enthusiasm and socialization in long-term care facilities. The book also includes a remixed classical Christmas album from Mannheim Steamroller.

To learn more, visit the Web site at www.hcibooks.com.