

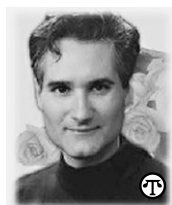
# Keeping The Romance Alive

## Revive Your Relationship

by Gregory J.P. Godek

(NAPSA)—Spring can be a great time to rejuvenate your relationship with that special someone. Ironically, a great way to breathe a little life back into a romance is by taking a moment to

step outside of it and reconnect with your own individuality. Couples who go from a “me” to “we” too quickly can get scared and sometimes have a knee-jerk reaction



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to flee their relationship. However, couples who find a way to compromise, but still maintain their own likes and dislikes allowing their different personalities to shine through, are oftentimes happier and more romantic.

Don't fret; finding a way to keep your individuality alive is simpler than you think. Here are some little tips and tricks that can make a world of difference:

• **Bathroom Brawl.** Relationships take compromise, but sometimes it's better to obey your own individual needs and tastes. Personal care products are one of those places where people like to express their individuality, even when it comes to toothpaste. Do

you like cinnamon, but your mate likes mint? Crest Whitening Expressions offers three flavored toothpastes including Fresh Citrus Breeze, Extreme Herbal Mint and Cinnamon Rush so you can each pick your favorite flavor for daily use.

• **Don't Change Your Schedule, Just Re-Arrange It.** Making time for your partner doesn't mean you have to give up the things you love to do. Maintaining personal activities outside of your relationship is extremely important. If playing basketball is part of your Friday night routine, schedule the game a little earlier. This will allow you to pursue your own interests and still make it home for quality time with your mate.

• **Define Your Space.** Keep an area of your home that is strictly yours, even if it's a dresser drawer, a closet or a study. A great way to personalize this area is to surround it with scents that you love and that make you feel good. For example, candles, sachets in drawers and room sprays are a perfect way to make any space your own without affecting the entire room.

• *Mr. Godek is author of “1001 Ways To Be Romantic” and has counseled couples on such national shows as “Oprah” and “Donahue.”*