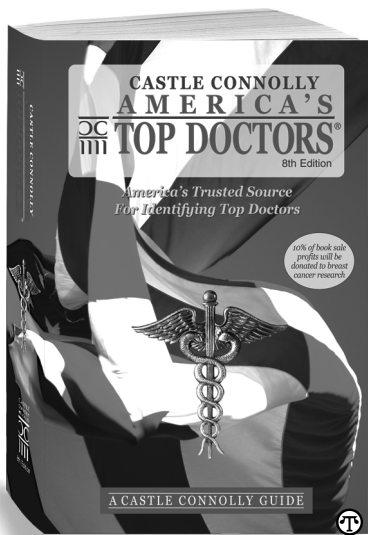


Is Money Managing Your Health?

Healthy Financial Decisions

(NAPSA)—Cutting costs on medical care may be a prescription for health problems in the future.

It's a choice more Americans are making in an attempt to trim expenses. According to a recent survey by the Rockefeller Foundation and Time magazine, the number of Americans who put off going to see a doctor rose 7 percent in a year.



Such cost-cutting measures can have immediate and long-term negative effects on health.

“The impact of inappropriate care or less-than-optimal treatment is foremost on the individual’s health,” said Dr. John Connolly, president and CEO of Castle Connolly Medical Ltd., publishers of *America’s Top Doctors*®, a guide to the top 5,700 specialists and subspecialists across the U.S.

When it comes to finding the right doctor, buying a copy of the new eighth edition of this book may be a smart investment to make, as it can yield a high, perhaps lifesaving return.

The book is available for \$34.95 online at www.CastleConnolly.com, by calling (800) 399-3627 toll-free and at major bookstores.