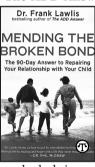
Pointers For Parents

Mending The Broken Bond

(NAPSA)—A loving bond between parent and child is one of life's great gifts. When that connection does not form correctly or is broken, parenting becomes even more of a challenge.

Fortunately, there are steps that parents can take to mend or strengthen such a bond, says Dr. Frank Lawlis, author of "Mending The Broken Bond" (Plume) and chief content adviser to the "Dr. Phil" show.

Lawlis, best-selling author of "The ADD Answer" and "The IQ



Answer," has spent nearly 40 years counseling parents on helping their children live up to their full potential. In his new book, he takes on a problem he encounters often in his

work: helping parents and kids work through all the fights, conflicts and miscommunications that break bonds so they can learn to love each other again.

Using stories and anecdotes from families he's worked with, he presents an easy-to-follow, 90-day plan of practical steps and action plans toward building—or rebuilding—a positive, loving and healthy bond with their children.

The book teaches parents how to channel a child's energy, communicate clearly and effectively, and develop empathy as a therapeutic skill to resolve problems.

Whether parents are faced with toddlers throwing temper tantrums, 10-year-olds who prefer video games to talking, or rebellious teenagers, he presents sound solutions to repair relationships and regain meaningful and lasting connections.