

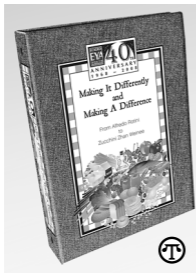
# Cookbook Corner

## Nourishing Body And Spirit

(NAPSA)—The act of cooking turkeys has inspired all sorts of family traditions, but none perhaps as interesting as the Turkey in the Hole method used by a special group of camp moms.

In this tradition, a turkey is grilled by cooking it underground in a smoldering pile of ashes for several hours.

The quirky cooking custom is a favorite among the camp moms at Eckerd Youth Alternatives (EYA). It is one of the many recipes the moms use to feed the thousands of hungry kids who attend their out-



door therapeutic programs for struggling youth.

To celebrate EYA's 40th anniversary, the camp moms are sharing their recipes in a commemorative cookbook, along with 300 others from EYA employees and founders Jack and Ruth Eckerd. Proceeds from the book will benefit the more than 14,000 youth that EYA helps annually.

Titled "Making it Differently and Making a Difference: From Alfredo Rotini to Zucchini Zhan Weinee," the cookbook features hundreds of time-tested, kid-approved recipes.

The suggested donation is \$20, which includes shipping. To order a cookbook, call EYA at (800) 554-HELP (4357) or visit [www.eckerd.org/cookbook](http://www.eckerd.org/cookbook).