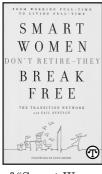


Smart Women Don't Retire

(NAPSA)—Women who were trailblazers throughout their careers are now helping to redefine what it means to retire.

Instead of heading for the rocking chair, these energetic, vital women are breaking free and rethinking how to spend the rest of their lives. For them, retirement means exploring new, excit-



ing options and finally having the freedom to be themselves.

"We can build a new career or start up a business. We can pursue our passions and even help change the world," says Gail Rentsch, author

of "Smart Women Don't Retire— They Break Free" and a founding member of The Transition Network.

The Transition Network consists of working women throughout the country who are facing retirement with trepidation and wondering how they will survive without the structure, stimulation, sense of achievement, and relationships they had throughout their careers. Aware that they need new skills to cope, they are seeking support and guidance from women who share similar concerns and experiences.

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The book Rentsch wrote shows how others are reinventing what it means to be "retired." Written for women at or near retirement, it offers solid advice for creating exciting work and volunteer opportunities and discovering new outlets for expressing passion and creativity.

For more information, visit www.TheTransitionNetwork.org.