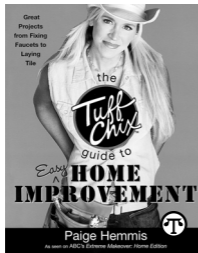


Women Want To Know

Tuff Chicks' Guide

(NAPSA)—There are two types of people out there, says a new book. There's the DIY (Do It Yourself) type and the HAP (Hire A Professional) type.

The goal of this book, "The Tuff Chix Guide to Easy Home Improvement" (Plume), is to turn more women into the type who fixes things or hires a professional because she wants to, and not because she has to. Written by Paige Hemmis of ABC's "Extreme Makeover: Home Edition," the book gives you the know-how to avoid getting ripped off. According to



Hemmis, "tuff chix" have the confidence to hire the right professional for each job and the knowledge to ask the right questions.

Hemmis had to learn about home repair the hard way, picking up a little here and there and reading a lot of books that were often geared toward men who were already comfortable around tools. That's one reason she wrote this book.

"This book is designed to make your life easier, save you a little money and give you the tools you need to take care of yourself and your home," said Hemmis.

The book is available where books are sold. For more information, visit www.PaigeHemmis.com and www.TuffChix.com.