



Your Future Face

(NAPSA)—Let's face it. If you've been reading about the many advances in skin care that promise to restore your gorgeous, younger-looking skin, you're not alone. That's good, but not all treatments work for everyone. In fact, choosing the right products and procedures has become more confusing than ever.

Happily, a new book entitled "Your Future Face" (Plume, \$16) allows you to create a customized



plan that's right for you. In his book, Dr. Dennis Gross, one of the country's leading dermatologists, offers an individualized program that will pre-

vent damage while repairing and dramatically enhancing the youth and beauty of your skin at any age.

"Your Future Face" begins with a simple "Skin Lifecycle Quiz" that assesses your skin's specific vulnerabilities and predicts your future aging pattern. Once you've determined your goals, Dr. Gross provides a customized anti-aging plan and offers invaluable advice, including:

- Proven anti-aging ingredients you can find in affordable products
- How to naturally boost your skin's firming proteins
- Whether to use Botox and how to do it safely
- New breakthroughs in noninvasive peels and lasers, and the benefits of deeper treatments
- Plastic surgery: pros, cons and how to avoid it.

The book is treasured by celebrities and beauty insiders because of Dr. Gross's unique methods that offer the most effective program for your best skin ever.

Available wherever books are sold.