

Cooking With Kids

Fun In The Kitchen

(NAPSA)—Teaching children to cook can be fun. When the recipe you're using is geared toward the younger set, it can make cooking together a delicious lesson in math, science, reading and more.

With the creative culinary whims of kids in mind, Pillsbury



has compiled "Pillsbury Kids Cookbook: Food Fun for Boys and Girls" (Wiley, \$19.95), a collection of 66 foods that kids

will not only love to eat, but can also prepare—or help prepare.

From starting the day with a Strawberry-Kiwi Parfait to enjoying the out-of-this-world Frozen Brownie Sundae for an after-dinner dessert, kids of all ages can enjoy learning more about food and feel good about themselves by seeing—and eating—their successes. Gathering the kids in the kitchen makes mealtimes special times for the whole family.

The book is filled with practical features to help both kids and parents feel good. Each of the recipes includes its own food photo, a list of tools needed to make the recipe as well as a kid-friendly tip. Kids can make many of the recipes on their own, but when adult help is needed, a special symbol is used. Nutrition information is included for each recipe to stress that it's never too early for kids to learn about good nutrition.

"Pillsbury Kids Cookbook" is available wherever books are sold. To learn more, visit www.wiley.com.