

(NAPSA)—Before finding the right job, it may help to find yourself. That's the advice in a new book that says asking yourself "who am I?" can help you find a career that's a good match for your personality, skills and values.

Written by Monster founder Jeff



Taylor, the book is called "Monster Careers-How to Land the Job of Your Life" (Penguin, \$18.00). includes realworld advice from recruiters.

career counselors, human resource professionals and dozens of successful monster.com members—geared toward helping people find the jobs that are right for them.

In addition, job hunters can use the publication to cover a range of job hunt issues—from deciding what you want to do for a living, to starting out right in the first six months of a new job.

Readers can also benefit from the advice of hiring managers at Crisco, Ford, McDonald's and other leading companies. Taylor provides some words of wisdom as well. He's been called a visionary in both the Internet and careers industries and his company, monster.com, carries hundreds of thousands of listings in various career categories.

Whether you're a seasoned professional or a recent graduate, whatever your job situation, this practical and passionate guide will show you the way to build a meaningful and rewarding career.

Available at www.us.penguin group.com or wherever books are

sold.