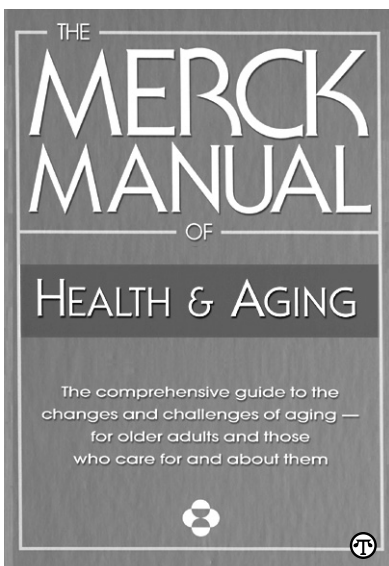

Health News

You
Can
Use



Aging Guide Delivers Answers

(NAPSA)—Older adults and concerned caregivers now have a powerful ally in a newly published reference. The book helps answer an age-old health question: “Is this normal?”



“The Merck Manual of Health & Aging” (Merck & Co., Inc., \$29.95) provides in-depth information on preventive medicine and good nutrition, understanding diagnostic tests, communicating health care needs, and home safety.

One section of the reference even focuses on social, legal and ethical issues affecting older adults—including coping with change, intimacy and aging—and advance directives, such as living wills.

Published as a not-for-profit service by pharmaceutical company Merck, the new reference is available wherever books are sold.