



Navigating Workplace Change

(NAPSA)—In an uncertain economy, nearly everyone is faced with that six-letter word: change. Particularly baby boomers.

So says Dr. Mary-Frances Winters, a writer and internationally recognized consultant on workplace issues, who has just released her first book, *Only Wet Babies Like Change: Workplace Wisdom for Baby Boomers*.

*Only
Wet Babies
Like*
Change



Workplace Wisdom for Baby Boomers

Dr. Mary-Frances Winters



In her book, Winters captures the essence of the workplace frustrations faced by the 80 million people born between 1946 and 1964. She offers a thoughtful blend of practical tips and insights on managing change, including:

- The “Six Fs” test: Are you among the Foggies, the Fakers, the Faultless, the Fighters, the Fearful or the Futurists;
- How to make peace with the paradoxes of change; and
- Avoiding the fallacy of the four Cs: Copying, Competing, Comparing and Conforming.

Only Wet Babies Like Change can be purchased toll-free by calling (877) 546-8944 or ordering online at www.wintersgroup.com.