

# Health Awareness



## Vaccines: Not Just For Kids

From America's #1 Medical Center

Over 100  
Major Medical  
Concerns of  
People Over  
50

The  
**JOHNS HOPKINS**

Medical  Guide to

**Health After 50**

—The Latest Recommendations from the Hopkins Specialists—



OVER 100  
FULL COLOR  
ILLUSTRATIONS

EASY TO USE  
A-Z  
FORMAT

DETAILED  
20 PAGE  
BODY ATLAS

SPECIAL SECTION  
DISEASE  
PREVENTION



**Older Americans should consider their special health needs. This new book can help.**

(NAPSA)—The advice of *The Johns Hopkins Medical Guide to Health After 50* (Rebus, Inc., \$39.95), edited by Simeon Margoлис, M.D., Ph.D. states that healthy adults over 50 should get:

- Tetanus diphtheria boosters every 10 years.
- An influenza vaccine, annually in the autumn.
- A pneumonia shot after age 65.
- Hepatitis B vaccine if they're dialysis patients; have a sexually transmitted disease or multiple partners, are homosexual, are an intravenous drug user; healthcare worker, police officer, firefighter, or are living with hepatitis carriers.
- Vaccines against chicken pox, mumps, measles or rubella if they've had neither shots nor the disease.

*The Johns Hopkins Medical Guide to Health After 50* is available from bookstores, at [www.hopkinsafter50.com](http://www.hopkinsafter50.com) or 1-800-829-9170.