



BOOK NEWS & NOTES

Looking Into The Mirror Of Your Own Life

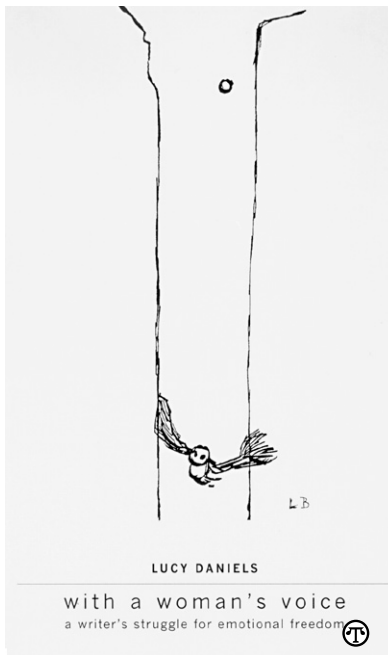
(NAPSA)—In this long-awaited memoir *With A Woman's Voice* (Madison Books, \$27.95), award-winning novelist Lucy Daniels provides a gripping account of an emotionally distressed childhood that led to chronic anorexia and a long-standing writer's block.

In her book, Daniels revisits a lonely childhood dominated by parents who, while affluent and ambitious, were unable to care for their children's emotional well-being. Though shy and desperate for their love and approval, she was sent to boarding school at 13 and later (weighing only 60 pounds and close to death) to a mental hospital for nearly five years of dehumanizing shock treatments, insulin coma, and tube feeding by doctors who saw little chance for her recovery from anorexia nervosa.

Those years of radical treatment without psychotherapy left her disoriented and hopeless, unable to fully realize that her adolescence had come and gone. Writing was her only lifeline.

And write she did: at age 22, the novel she had written while hospitalized, *Caleb, My Son*, became a best seller that won her international attention and a Guggenheim Fellowship. But after publishing her second novel—*High On A Hill*, a fictionalized account of life inside a mental hospital—she encountered a severe writer's block that lasted for decades.

With A Woman's Voice, Daniels first book in 40 years, chronicles her courageous struggle to find



Best-selling author Lucy Daniels returns after writer's block that lasted 40 years with an astounding new memoir.

the emotional freedom, through psychoanalysis, that would eventually empower her to write and to live the full life she had always longed for.

Her book recalls both her achievements and difficult years with insight, humor, and wisdom. Daniels provides the reader with a moving account of coming to terms with her pain and the emotional freedom that the struggle has brought her.

With A Woman's Voice is available at bookstores everywhere.