

Health Bulletin

Understanding Medication

(NAPSA)—American doctors write three billion prescriptions every year. Yet most people know little about their prescription medicine.

For example, did you know taking the supplement St. John's Wort and birth control pills can lessen the effectiveness of the birth control?

The Essential Guide to Prescription Drugs 2002

More than
2,000,000
copies sold

Everything You Need to
Know for Safe Drug Use

Detailed profiles of more than 300 drugs of
major importance encompassing more than
2,000 brands

16-page full-color insert for quick and easy
drug identification

Includes hundreds of herbal/prescription
combinations you **MUST** avoid



James J. Rybacki, Pharm.D. 

A new book provides important information on common drug interactions.

The 2002 edition of *The Essential Guide To Prescription Drugs 2002: Everything You Need To Know for Safe Drug Use* (Harper Resource, \$54.95) has facts of this type as well as other information on the potentially harmful effects of mixing medicines.

The book focuses on a number of modern issues, including:

- Should you get medicine from the Internet?
- Why was Cipro (at \$30 a pill) on the Web at all?
- What's the difference between an antidepressant and anti-anxiety medicine and who should take them?

The book has been published for nearly twenty-five years. It is written by James J. Rybacki, Pharm. D.

For more information, visit www.harpercollins.com.