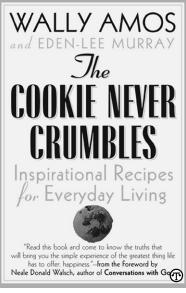


(NAPSA)—An interesting new "cookbook" offers some inspirational recipes to help readers cook up their own best potential and find wisdom in the ordinary things in life.

In The Cookie Never Crumbles: Inspirational Recipes for Everyday Living (St. Martin's Press, \$19.95),



Adversarial situations are often blessings in disguise, says a new book.

author Wally "Famous" Amos explains how life is all about the way you look at things. If a cookie crumbles, says Amos, you don't have a broken, useless cookie, you have lots of *little* cookies. Amos has seen many cookies crumble and in this book he transforms his own life experiences into lifeenhancing recipes for success.

"Everyone has the potential for excellence—consider me your friendly reminder," said Amos, who created Famous Amos cookies, thereby starting the gourmet cookie trend.

The inspiring stories show readers how adverse situations are often blessings in disguise. This sweet treat of a book may be savored by cookie lovers and anyone interested in finding more happiness in life.